



This eBooklet was designed to help you be prepared to live outside for several days by including outdoor cooking and camping supplies as part of your emergency kit.

You can share this eBooklet with anyone provided you give it away free.

[Find more Free eBooklets at
http://earthshakes.com](http://earthshakes.com)

Camping Out Earthquake Style

An earthquake larger than the magnitude 6.7 Northridge temblor in 1994 might severely damage utility systems, including gas lines, forcing you to live and cook outdoors for several days. Prepare to do so NOW by including outdoor cooking and camping supplies as part of your emergency kit.

Outdoor Cooking

If an earthquake disrupts utility services and forces you to cook outdoors, you can use a camp stove or charcoal grill, but remember: use these items for cooking only if you're outdoors.

If necessary, you also can use candle warmers and sterno to heat your food. You can heat canned food in the can, but you must remove the paper so it will not burn and remove the lid first to let steam escape. Chafing dishes and fondue pots can also be used as containers.

Another cooking option is the stove in your recreational vehicle, if you own one.

Special Tips

- If possible, include foods that do not require cooking
- Use foods stored in your refrigerator first. An unplugged refrigerator will remain cold for 24 hours if you don't open the door. Cook foods in your freezer next. Cook foods stored on shelves last.
- Store fuels in a ventilated area such as a garage or storage shed, away from water heaters.
- Do not camp under power lines, trees or other objects that could fall during an aftershock.

Cooking Supplies

Be sure to store a least enough of the cooking supplies to last 72 hours. Choose the supplies for cooking that best suit your family's needs. A list of options follows:

Essential Supplies

- Barbecue or other outdoor grill
- Camp stove
- Sterno-type fuel

Fuels

- Charcoal and lighter fluid
- Propane

Supplies

- Disposable plates
- Disposable eating utensils
- Paper towels
- Pots, pans
- Water-proof matches or a lighter

Utensils

- Forks, knives and spoons
- Manual can opener
- Tongs with long wooden handles to pick up heated containers

Outdoor Living

Be sure to have the following supplies available so you and your family are prepared to live outdoors if an earthquake severely damages your home or your utility service is interrupted:

Essentials

- Battery-operated radios, flashlights
- Blankets, sleeping bags
- Canopy or tarp
- Clothing
- Rain gear
- Sturdy shoes
- Essential medications
- First aid book and kits
- Food (nonperishable)
- Local maps
- Rope, tape and trash bags
- Shovel, hammer and axe
- Tent(s)
- Water for cooking, drinking and hygiene

Personal Hygiene

- Baking soda to absorb odors
- Deodorant
- Lip balm
- Mouthwash
- Plastic trash bags
- Portable shower
- Portable toilet or bucket
- Soap
- Sunscreen
- Toothbrushes and toothpaste
- Towelettes
- Wash cloths

Psychological Comfort

- Candy
- Playing cards
- Family photos
- Games